

SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

Minutes 3/14/23

In Attendance: Kelsie Bednarz, Chris Conway, Joanne Cordova, Wendy Duemmler, Lashenna Gaines, Christina Neal, Wendy Nielsen, Christine Skrutowski, Stephanie Starr, Susannah Stone-Gill, Charlee Williams.

Business:

- 4:00 pm- meeting opened on 3-14-23.
- Minutes from 12-13-22 were approved.
- Kelsie Bednarz, Dietician for School Nutrition, reported that the UCPS Wellness Policy was submitted to UCPS Legal to be reviewed for the needed updates. After the review, it will go to the Board of Education Policy Committee for discussion/review.
- Christine Skrutowski, School Nurse Supervisor, gave an update on behalf of Belle Walker, Lead School Social Worker. Reported that they had their first in person YMHFA (Youth Mental Health First Aid) training at the Monroe Library on February 27th since the pandemic and had 11 participants; mostly from the SPCC Staff members that work in our schools with students pursuing secondary education classes. The hope is to have one more class before the end of the school year, which will be done virtually. The goal is to offer it quarterly every year. The Parent Education Series on Anxiety by Trent Morrow had been the most attended besides Suicide Awareness.
- Lashenna Gaines, Coordinator of Student Support, reported the Parent Education Series last Thursday had 28 parents attend from the district. The talk included discussion on anxiety and supports. Teletherapy is now offered in all high schools. A new social worker has been hired for Shiloh Valley Primary, and they are still looking for mental health therapists.
- Community Collaborative regarding Drug/Tobacco Vaping and Substance Use Disorder Stephanie Starr, Director of Community Support and Outreach, and Chris Conway, College Readiness and Humanities Coordinator, confirmed that Luka Kinard spoke at six UCPS middle schools in January as a community partnership initiative. The Principals of the school decided which grade would attend the discussion. One high school has requested to have Luka speak in the Fall. The team continues to do parent engagement initiatives to get vaping and cessation resources out to the community. They would like to further explore a possible approved system of disseminating resource information to parents who have students that have vaping infractions. North Carolina is reviewing new Health/PE curriculum standards that should include updates on tobacco and vaping. The standards were last updated in 2012. Once NC releases those new standards, the Board of Education Curriculum Committee will review and approve updates.
- Discussed changing SHAC meetings to virtual due to some scheduling issues with members. The May 9, 2023 meeting will be virtual but next year's first meeting for the 23-24 school year will be in person.
- Meeting adjourned.